



Our volunteers, the heart of Pittsburgh Ballroom, are the glue that holds us together. The show would not go on without them. Volunteers set up and host the website, publish the newsletter, design fliers, post announcements, take photographs, promote and organize dances, and serve as board members.

Pittsburgh Ballroom volunteers share the joy of dance through outreach events. They visit senior centers and participate in health fairs. They participate in the youth dance program that teaches ballroom dance and inspires children.

Organizing and planning our yearly events is done by Pittsburgh Ballroom's dedicated volunteer board members.

We also appreciate and proudly recognize our sponsors, donors, and community partners for their generous support.



Partnership ~ Participation ~ Enthusiasm

What is ballroom dancing?

"Ballroom dance" refers to traditional partnered dance forms that are done by a couple and may refer to almost any type of partner dancing done as recreation. These dances are characterized by having a leader and follower where the leader acts and the follower reacts. Some of the recognized traditional ballroom dances include the Waltz, Tango, Fox Trot, Viennese Waltz, Bolero, Cha Cha, Rumba, Samba, and Jive.

Ballroom dancing is a great way to build stronger social connections and a proven benefit for slowing the effects of the mental and physical aging processes. Ballroom dancing is a great use of a cultural art to help bolster and support Pittsburgh's population.



Enhancing Lives Through Ballroom Dance

www.PittsburghBallroom.com
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Member of the Forbes Fund



As a member of the National ForDance Association, our club dance activities are properly and legally licensed by:



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